

## **Big Bike Bash Code of Conduct**

During your stay at Avon Tyrrell Outdoor Activity Centre, we kindly ask that you adhere to these rules for your own safety and the safety and enjoyment of others.

Please Use Common Sense – If you are a nuisance to others and cannot abide by these rules, we will not hesitate to remove groups from the site without refund.

Please respect other guests around you during your stay.

No dogs or pets are allowed on site for the Event.

If you are on a bike, WEAR A HELMET - at all times on site.

No fires are permitted anywhere on the site unless on provided concrete hard stands.

If you wish to use a BBQ during your stay, please ensure that it is kept off the ground when in use, and is properly extinguished after use.

Know where your nearest Fire Assembly point is in case of an emergency.

When possible please consume food and drink purchased from our outlets as all profits go to the charity.

All rubbish/recycling should be disposed of inside the skips/bins provided.

Please ensure nothing is left next to any of the skips/bins provided, as these can attract wildlife.

A skip can be found at the entrance to the campsite, and an additional skip and recycling point can be found in the car park by reception and also behind the main marquee. Please note that guests leaving large quantities of rubbish will be charged for its removal.

Do not play loud music at any time and keep noise levels to a minimum at night.

We have a quiet period from 11.30pm until 7:30 am.

As we have large numbers of people on site, including small children, please only cycle on the designated tracks and always wear a helmet and please keep your speed down (be prepared to stop at any time) outside of the organised races.

Parents/Guardians please accompany and supervise your children. Supervision is also strongly recommended for those new to off road riding.

Please make sure your bike is in good working order, pay particular attention to the tyres, brakes and gears.

Know your limitations. Off road cycling can be fun and challenging but can be hazardous so don't try any stunts or tricks.

Please restrict vehicle movement on site, especially late at night

## **Self Catering Lodges**

Please also note that to comply with our insurance certification; self-catering accommodation is sold with a maximum upper limit of occupants.

Guests must ensure the maximum numbers are not exceeded. All self-catering guests and campers are NOT permitted in the main house at any time.

Damage to self-catering lodges or Avon Tyrrell property will be invoiced to the named person responsible for the group or party without exception.

Please ensure you abide by all out of bounds signs and do not enter areas of restricted access.

Please ensure you are aware of all water hazards on site, and take any necessary precautions to ensure the safety of your group.

As well as having direct access to the New Forest, our land also borders a number of private properties so please respect this. If you are unsure of our boundaries please ask.

In fairness to our housekeeping staff, we kindly ask that you leave ample time to pack up and depart your lodge accommodation so that arriving groups can check in on time. Your departure time is 10am.

## **Additional Information for Campers**

Please ensure you pitch your tents at least 6 metres away from neighbouring groups and lodges, and at least 3 metres from others within your own group.

Campers are welcome to stay pitched till after the Prize Presentation on Monday. Campers in Camping with a View MUST VACATE BY 6PM MONDAY - this is land which is borrowed from our neighbour.

Please be aware of the risks of Lyme Disease (from ticks) and Weils Disease (from water courses) which can occur in the New Forest. Reception can give advice on these if you have any concerns. Should you experience any problems during your stay please report them immediately to our reception staff or BBB Volunteers in lime green.

## **Northshore, pump track and gravity areas**

The gravity track can only be used after you have received induction training from the Avon Tyrrell instructor. Access to the gravity track is only permitted during induction sessions and Events organised by the Event Organiser. Access is forbidden at all other times.

The north shore is a bit green and slippery and must not be used during the Event.

## **Thinking of doing the lake jump and/or lake activity sessions during the BBB?**

Our instructor covering sessions on the lake is available to brief participants but here's some key points of extra information to take note of before you decide to proceed: When participating in water sports there may be some natural hazards you may come across like sharp stones or fishing hooks on the bottom of the lake, potential water borne illnesses or risks such as drowning and hypothermia.

However these are rare and with a bit of care and management certainly should not stop us from enjoying sessions. By following a few simple rules we can stay safe AND enjoy all that the great outdoors has to offer!

If you have any unhealed cuts or grazes cover them up with micropore tape/waterproof plasters

Wear suitable shoes and clothes for the activity

Avoid prolonged swimming in the lake or drinking lake water

Once the safety equipment is on (like buoyancy aids), don't adjust or play with it, ask an instructor first Wash your hands, face and body after sessions, there is a shower block next to the lake

If after the session, even after a few days, you start to feel unwell perhaps with flu-like symptoms and are at all worried, see your GP. Make sure you explain where you have been and what you have been up to.

### **General**

**DO NOT WEAR LIME GREEN TO THE BASH**

Unless you want to spend many hours helping the event go like a dream.

**NO DOGS OR CATS ALLOWED AT THE EVENT**

Please adhere to this or we'll ask you to leave with no refund. That includes the family that hide their dog in the tent all day. What a rubbish weekend for the dog!

Out of office hours please contact the On Call member of staff using the emergency phone point outside reception, or by calling 07743 559344.

Our rules are to ensure everyone's enjoyment, please abide by these and remember we are only able to help if we are aware of the problem.

**Most importantly, HAVE FUN and don't be an idiot.**